

#	Care Topic Title	Bible Verse	Subject Note	Revised Date
1	A Biblical Understanding of Addiction	Proverbs 23:25	Addiction	11/20/2018
2	A Man After God's Heart	Ephesians 6:9	Management, Business	9/6/2018
3	A Public Servants Response to Mental Illness	Ephesians 4:1-3	A Public Servants Response to Mental Illness	9/6/2018
4	A Stress Survival Guide	2 Timothy 3:1	Stress Management	10/12/2020
2	After the Fact Stress	Proverbs 22:11	Stress Management, PTSD	9/6/2018
6	An Exercise in Stress	1 Timothy 4:8	Stress Management	9/6/2018
7	Attitude is Everything	Proverbs 17:22	Attitude	11/20/2018
8	Breaking the Stress Cycle	Deuteronomy 30:19	Stress Management	9/6/2018
9	Cabin Fever	Ecclesiastes 3:1, 4	Stress Management, Holiday Blues	11/20/2018
10	Confessions of a Failed Relationship	Isaiah 30:15, 18	Relationships	9/6/2018
11	Cover Me	Joshua 24:15	Authority, Business	9/6/2018
12	Creativity	Proverbs 8:12	Creativity	9/6/2018
13	Dealing with Difficult People	Matthew 7:12	Dealing with Difficult People, Business	9/6/2018
14	Dealing with Guilty Feelings	Romans 8:1	Dealing with Guilty Feelings	9/6/2018
15	Decision Making in the Family	Amos 3:3	Decision Making in the Family	9/6/2018
16	Developmental Maturity	Proverbs 1:30-33	Parenting, Decision Making	9/6/2018
17	Dollars and Sense	Matthew 25:21	Financial Management	9/6/2018
18	Don't Blow Your Top	Proverbs 16:32	Anger Management	9/6/2018
19	Double Jeopardy	Joel 3:14	Decision Making	9/6/2018
20	Everyday Spanish Tips	1 Corinthians 4:9-11	Everyday Spanish Tips, Business	9/6/2018
21	Facing End of Life Decisions	Ecclesiastes 3:1-2	Facing End of Life Decisions, Grief	9/6/2018
22	Fill Up the Tank	Galatians 6:2	Relationships	11/20/2018
23	Good Grief	2 Corinthians 1:4	Grief	9/6/2018
24	Good Grief with Job Comments	2 Corinthians 1:4	Grief	9/6/2018
25	Group Dynamics	Psalms 68:6	Group Dynamics, Business	9/6/2018
26	Healthy Family Life	Hebrews 10:24-25	Family	9/6/2018
27	Healthy Living	Proverbs 20:18	Healthy Living	9/6/2018
28	Helpful Parental Discipline	Psalms 111:10	Family, Parenting	11/20/2018
29	Hobby Tips 1	Ecclesiastes 9:10	Hobby Tips, Stress Management	9/6/2018
30	Hobby Tips 2	Ecclesiastes 9:10	Hobby Tips, Stress Management	9/6/2018
31	Hobby Tips 3	Ecclesiastes 9:10	Hobby Tips, Stress Management	9/6/2018
31	Hope for the Obsessive Compulsive	Matthew 6:25-34	Hope for the Obsessive Compulsive	3/11/2020
32	How to Find Mr. or Ms. Right	Matthew 7:24-28	Relationships, Marriage	9/6/2018
33	How to Survive Rejection	Romans 8:28	How to Survive Rejection	9/6/2018
34	Humor in Meetings	Proverbs 17:22	Humor in Meetings, Business	9/6/2018
35	I Did	Mark 10:9	Marriage	9/6/2018
36	In Deep Water	Psalms 69:1-2	Stress Management, Healthy Living	11/20/2018
37	In Laws and Out laws	Mark 10:6-8	Marriage	9/6/2018
38	In My Element	Matthew 7:24	Family, Business	11/18/2018
39	Life and Organization Tips	Proverbs 16:1-3	Life and Organization Tips	9/6/2018
40	Living with Technology	Proverbs 9:9	Living with Technology	9/6/2018

41	Making a Blended Family Work	Ecclesiastes 4:12	Family	9/6/2018
42	Making a Long Distance Relationship Work	Song of Solomon 6:1-3	Marriage, Relationships	11/20/2018
43	Obtaining and Maintaining Employment	Ephesians 6:5, 9	Obtaining and Maintaining Employment, Business	9/6/2018
44	People Stress	Hebrews 12:14	Stress Management	9/6/2018
45	Positive Parenting	Proverbs 22:6	Parenting	9/6/2018
46	Put Your Worry to Work	Philippians 4:6	Worry	9/6/2018
47	Relating to Our World	1 Corinthians 10:32-33	Cultural Relations	9/6/2018
48	Reversing the Downward Spiral of Depression	Proverbs 11:25	Depression	9/6/2018
49	School and Study Tips	2 Timothy 2:15	School and Study Tips	9/6/2018
50	Secondhand Stress	Proverbs 27:4	Stress Management	9/6/2018
51	Setting Boundaries	Deuteronomy 19:14	Boundaries, Relationships	9/6/2018
51	She Will be Coming Around the Mountain	Isaiah 58:6-9	Repetitive Cycles, Addiction	11/20/2018
52	Speak to Me	Ephesians 4:15	Verbal Communication	9/6/2018
53	Stress Under Fire	1 Peter 5:8	Stress Management	9/6/2018
54	Stress Under Pressure	James 1:2-3	Stress Management	11/20/2018
55	Stress Vision	Philippians 4:6-8	Stress Management	9/6/2018
56	Suicide Why?	1 Chronicles 10:4	Suicide	11/20/2018
57	System Shock	Matthew 7:24-28	Stress Management	9/6/2018
58	Teamwork	Proverbs 24:6	Teamwork, Business	9/6/2018
59	The Blame Game	Romans 8:1	Blame, Guilt	9/6/2018
60	The Four Horsemen of Marriage	Ephesians 5:33	Marriage	11/20/2018
61	The Greed Gland	Philippians 4:11-13	Financial Management, Greed	2/3/2020
62	The Perils of Pornography	Psalms 101:3	Family, Marriage	9/6/2018
63	The Point of No Return	Proverbs 16:9	Preparation	9/6/2018
64	The Respectful Church Family	Matthew 7:12	The Respectful Church Family	8/3/2020
65	The Respectful Classroom	Matthew 7:12	The Respectful Classroom	8/3/2020
66	The Respectful Family	Matthew 7:12	Marriage	8/3/2020
67	The Respectful Workplace	Ephesians 6:5-9	The Respectful Workplace, Business	8/3/2020
68	The Stalemate	Ephesians 2:13-15	Relationships	9/6/2018
69	The Stress Bucket	Proverbs 24:10	Stress Management	9/6/2018
70	The Stress Mold	Romans 12:2	Stress Management	9/6/2018
71	The Tailor of Greensboro	Mark 2:21	Healthy Living	11/20/2018
72	The Titanic, How to Sink Your Marriage	Matthew 7:24-25	Marriage	9/6/2018
73	The Tyranny of the Urgent	Proverbs 30:15-16	Stress Management, Business	11/20/2018
74	Three Relationships That We All Need	Ephesians 4:12	Relationships, Business	9/6/2018
75	Three Sides to Every Story	Genesis 50:19-20	Conflict	9/6/2018
76	Transitions	Isaiah 40:31	Transitions, Business	9/6/2018
77	Trapped in a Bad Marriage	Matthew 19:6	Marriage	11/20/2018
78	Understanding Addictions	Proverbs 23:29-35	Addiction	9/6/2018
79	When is the Honeymoon Over?	2 Corinthians 5:17	Marriage, Business	11/20/2018
80	While it Remains for Us the Living	John 14:1-2	Grief	9/6/2018
81	Why Home Maintenance	Matthew 7:24-25	Why Home Maintenance	9/6/2018
82	You've Got Thoughts	Philippians 4:8	Thought Life	9/6/2018